

The Study of Vibration

Session 299

by
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Recorded October 22, 2011

[ONLINE TRANSCRIPT FOR IMZAIA.WORLD](http://IMZAIA.WORLD)

Session Description

In Session 299, Da Pah Lao Tze San concludes the gathering by inviting anyone in the Akeyasan Student Body to enter into conversation with him.

After a short introduction with Da Pahdasan'ka Barak Solarys San, who discusses with Da Pah Lao Tze San the practicality of working with unconscious versus conscious aspects, some of the Akeyasan Students that are present during the recording of this "Life After Ascension of All Matter" seminar in the Netherlands take the opportunity to ask their questions.

In this Session, Da Pah Lao Tze San explains and simplifies numerous topics which many seekers battle with at this stage of the ascension path. As such, Session 299 is considered by many students to be very helpful to their understanding of what it takes to enter ascension training in earnest.

Other Topics Include

- Making necessary cuts and releasing what one needs to release on the ascension path
- Personality vs. ascending aspects
- The social context that complicates ascension for many
- Linearity is not... linear
- The choice for ascension is beyond this one lifetime
- Passion in the heart versus anguish in the head
- Counteracting the matrix using light bodies
- Ascension versus the erasure of the current personality & re-insertion into the matrix
- Theory versus practice
- The celebration of someone stepping onto the Ascension path
- Top lives versus other lifetimes and aspects
- The questions that drive the human soul
- The realization that identity means nothing
- The lack of sovereignty of many spiritual organizations
- Assisting the world by being the world
- Service to Others as part of the Ascension Spectrum
- Synchronicities and their meaning
- Compassion versus glory
- The fear for and the illusion of death
- Masculine versus feminine
- Artificial intelligence

Originally Titled: "A Satsang with Da Pah Lao Tze San" | Life After Ascension of All Matter series

Da Pah Lao Tze San: Welcome to one and welcome to all! Tell me! You wanted to talk in private.

Da Pahdasan'ka Barak Solarys San: Yeah, I don't really have a question. I just wanted to open up the dialogue about what was spoken about earlier. It was fascinating to understand. What I did not quite get, is the difference between the interactions of conscious and unconscious aspects and how vibrational misalignment gets in the middle of that.

Da Pah Lao Tze San: It is very simple. The conscious aspects and the unconscious aspects do not interact.

Da Pahdasan'ka Barak Solarys San: So, it is just a case of this vibrational misalignment being in place; that means that, even if one aspect is conscious and the other person is not, there is just no way.

Da Pah Lao Tze San: There is no way that aspects will interact on that level, no. The attribute alignment, if you will, the way the universe is organized, will not let that happen. Let us not forget that aspects that are conscious and that are active, therefore, should not even exist in this matrix, in this universe.

Da Pahdasan'ka Barak Solarys San: Yes. It is almost impossible to have a conversation with two completely conscious aspects.

Da Pah Lao Tze San: Have you ever had one?

Da Pahdasan'ka Barak Solarys San: Yes, it is interesting after what we heard earlier to posit that question.

Da Pah Lao Tze San: Yes, yes, very much so. So, how are you doing with your aspects?

Da Pahdasan'ka Barak Solarys San: Well, I am certainly...

Da Pah Lao Tze San: Where do you feel you are?

Da Pahdasan'ka Barak Solarys San: You mean right this second?

Da Pah Lao Tze San: Right this second. Is there anything else?

Da Pahdasan'ka Barak Solarys San: I got a conscious aspect that is going to ascend in front. I have become much more aware about the shifts in these aspects lately. It has been fascinating actually, to see it more and more clearly, in the sense that there is a

discernment or difference, how ever that is measured by the individual. In my case, it sometimes manifests in being a bit tired and withdrawn, but it is spotting it now in these early signs of it. It is actually an eye-opener to see that there is no need to analyzing yourself out of these situations with any kind of thoughts at all. It is just a basic recognizing; this aspect is in place or it is not and then doing something about it right there. I have really come to understand that.

Da Pah Lao Tze San: Yes, is it working for you?

Da Pahdasan'ka Barak Solarys San: Yes, it is. It is difficult at first when you are told about these things because the aspect is in place, of course. When you are told, the immediate response is often with resistance because the unconscious aspect is in front, but if you can actually find that immediately and switch it off, go back to the heart space and decide that that aspect is not what you want... Yes, it is extremely possible.

Da Pah Lao Tze San: Is there anyone here in this room that has absolutely no idea whatsoever what we are talking about?

Akeyasan 1: It is difficult to grasp.

Da Pah Lao Tze San: Oh, come here then! Greetings. So, let us have a chat.

Recognizing Conscious/Unconscious Aspects

Akeyasan 1: For me it is still theoretical. I don't grasp how I can be aware of these conscious and unconscious aspects in daily life.

Da Pah Lao Tze San: I can easily explain this to you. Let's talk about unconscious aspects for a while because those are the ones that you really have to be aware of. Let's just say that everything in your experience that brings you down, makes you smaller, narrows you, puts more parameters on you and, therefore, takes you out of the heart space, will be an aspect that is unconscious that is not designed for ascension. Instead, conscious aspects, everything that widens you, that expands you, that erases your limits, that takes you beyond the beyond, would be called ascending aspects. It is very simple.

And while you say and while others here would say that it is difficult for them to see the difference, actually, I will sit here and tell you that it is not true, that it is actually very easy, but people do not wish to see. If you wish to be very honest with yourself, if you open yourself up to what is really happening within you, then you will know whether it is something that is making you smaller or is whether it is making you bigger. And,

unfortunately, the reason why most people do not want to go into that sort of view about themselves is their surrounding environment, the people around them, the life around them. Everything around them, basically, will make it so that the personality will interpret itself differently.

So, I sit here now and say that my previous student – the last one – has ascended over 4'000 years ago, and this is not the last time a human on this planet Earth has ever gone through the Ascension process, but I will tell you, it doesn't happen that frequently, simply because of the external environment. In ancient teachings, back in my day if you will – the good old days – we would simply immediately inform any potential Initiate, any potential person who wanted to go through Ascension Initiation and through the process, to make what is now, in this day and age, labeled the cut.

Now, the cut is a very difficult thing for most humans this day and age. I will explain to you what it means. Back in the day, people went into an Ascension house. If people went into the Ascension study, they would leave everything behind. They would leave their old situation, their old world if you will – everything – behind. That way, an insurance was given that the previous environment did not have the ability to influence because they simply weren't there. There is a way of talking about Ascension in a certain way, and people would say, "Ascension simply is the removal of yourself from your own mind and from the mind of everyone else around you." Because if you do not exist in any mental state yourself, but also the other ones around you included, you cannot be translated by the matrix; you cannot be translated by the program. Therefore, you are not stuck within the third dimensional environment.

Of course, Da Christine San, say this to a person today and you get sued. I did anyway. But the truth of the matter is that the social context, that has been created specifically since the end of Atlantis on this planet Earth, has specifically been designed to keep people locked into each other, you see?

Now, this would not be a problem if the entire planet was ascending at the same time, but there is a big difference between Ascension of Self and Ascension of All Matter. Ascension of All Matter is a cosmological principle that is happening whether there are people on the planet or not, you see? Ascension of Self is a very personal thing. It is a thing that takes you out of the illusions of time and space and form and death and exchange and separation. It is a principle that takes you out of all of the illusionary factors into the fullness of truth.

But in order to do so, the social system that the being is caught up in, has to be broken. Some are of such a nature that they come to this planet specifically to ascend, specifically for the Ascension of Self, and to those beings it will not be such a difficult process of

walking away and walking on actually, but to those that have been, let's say, stuck here for a while with the movie on repeat, it can be a daunting task because it feels so bloody real!

So, here we have the difference between conscious aspect and unconscious aspect because, obviously, a conscious aspect will never feel the need to remain tied down to any conditional situation. Now we are talking about unconscious aspects. So, do you see the difference? And if you do, then you must realize, together with me, how shocking it truly is, what the personality is truly made of and that, which we have deemed so important for ourselves, our identity, our personality, and that, which we have deemed so important to others, our relationship of our personality to other personalities, is all within that same vessel of unconscious aspects and, therefore, attributional reality, therefore, frequential and vibrational reality. Do you see?

So, where are you with these things?

Akeyasan 1: Well, I kind of have retreated partially from society. I try not to watch the news. I try not to have too many contacts with too many people, just a few. But still I am stuck. I still work.

Da Pah Lao Tze San: It all depends on the few you are having contact with.

Akeyasan 1: It is all family. People who are not at the same level with me I just don't talk to or just say hello and that is enough; just politeness, no commitment, but I still work. There are still people that I want to let go [of], but it is still not possible for me.

Da Pah Lao Tze San: Of course, I am not telling you to remove yourself completely from the world.

Akeyasan 1: That is the difficulty, to stay in the world and to stay aware.

Removal from Mind

Da Pah Lao Tze San: Let me give you a bit of an example that has previously been shared by Da Pah Ekara San in some other place. When you start the process of Ascension and when we talk about the removal of yourself from other people's minds and from your own mind, then you have to see this as a temporary situation. You have the whole personality that you are and the energy of you inside of that. So, you begin the removal of this. You begin to disconnect. You begin to disconnect from people, places, events, experiences, memories – past time, future, all of that stuff.

Then there comes a point that you reach what you could call the observer. This observer at that point – which you already have experienced – disconnects from the personality sphere that is made up of all these unconscious aspects and, eventually, as this observer and this personality are properly in relationship with each other without being identified with each other, the personality is re-entered into the matrix in a process that you could call Mastery of 3D, Mastery of the Matrix, while the observer stays present and sees everything that is happening here, you see?

That is how things are working now. In the past, in my days, when I was still teaching fully, directly, there would simply be no reinsertion. Today, however, this is happening because you are at a point in time where everyone who goes through the Ascension process, immediately has to be put into action to spread their energy throughout time and space, so that work can be done. For, even though we talk to you about all of these things that we have discussed here already today, there is still quite a lot of work ahead.

All of this is possible because of Ascended influence throughout time and space. Ascended Beings – the first one ever to have gone through this thing several millions of years ago is called Da Pah Ekara San (you have met him) – since that point have begun to counteract the workings of the matrix. In order to do so, sometimes one has to create light bodies, has to move oneself into certain points of time and space to have an effect on history or reality itself. This is part of the Ascension process. This is what Ascended Beings do for a living – for now, anyway.

So, all of that – linearity not being linear – all of that happening at the same time has to be kept together for what was discussed here today to take place properly. So, it is an important question to ponder, the Ascension process, and whether to go into it and to undergo it or not. The reason why it is so important is that it encompasses so much more than the lifetime that is being lived here on Earth right now. Do you understand?

So, I believe I have no easy answer for you on that level. It is a very private and a very personal choice that can only be made by the individual itself at the end of the day.

So, don't be so concerned about the fact that you are still working. Those contacts that you have there can probably be managed much easier than the other contacts, the other connections that you were talking about earlier, the ones that are family and the ones that have known what would be labeled your obo (original body owner), the personality, in other words, and have known this and have grown with it. Therefore, there is a mental connect.

My practice has always been to simply not meddle in that sort of soup and to simply not try to turn your external universe into the same vision than the one that you are having. It simply does not work. If one is serious about one's own sovereignty, about one's own

existence and one's own beingness, then one must come to the conclusion that one must do what one must do because one is here for a reason – and not to live out a life. This is simply the matrix itself, telling you that it is so, but that life that gets lived out...

Let me tell you, persons maybe on this planet today become what, 80, 90, 100 years old, maybe a bit more, so, there is this whole build-up of experience, and all of these connections are had and all of this growth. All of a sudden, you have known someone for 50 years, for 70 years, for 90 years, and then you die and everything gets erased. Everything. Your connections with children, mother, father. Every love moment that you have ever had, every moment of pain that you have ever had, everything that you have ever learned, it gets ripped away, and the soul gets reinserted into the matrix proper and begins another lifetime.

Now, that to me sounds more painful and more horrible than the life that you are choosing to go on forever. Of course, I am not talking about the way you are now, the way you sit here now and how you live your life now, but the expansion of that. With that, the idea that a) the love that you are experiencing, the people in your life now, will never end, and b) everything that has already been ripped away from you in supposed other lifetimes will return.

So, from my vantage point, I have never understood why humanity has such a problem going through the Ascension process because it seems to be the only logical choice.

Theory versus Practice

This brings us back to what Da Pah Ekara San had been saying here before: theory or practice. You know what is possible because you know what you believe. You know what you have read and done all of these years. You know what is possible. You know the theory, but has it become practice? And I will warn severely against those thoughts that make you believe that freedom (you know love, joy, freedom, truth, life – the freedom part and basically everything else, but freedom definitely) can be experienced here in this third density on this planet Earth. I will speak out against that every time you have me in the room. I do not believe that it is possible. You can travel to any place you want; you can experience as much as you want, but I tell you, from my vantage point, there comes a point when it all ends, when it is all taken away, and it is worth nothing at that point.

So, back in my day, of course, the human psyche was still a very different human psyche. Back in my day, my Ascension house had wannabe initiates knock at the door – twenty, thirty, maybe a hundred a day sometimes (on Sundays especially; better train fares!) – all the time. At any given moment in time, the Ascension house that I was running would have

anywhere from a thousand up to a hundred thousand initiates in the process of Ascension. They would have walked away from their villages and their families after a great feast had been had that these beings were on their way to becoming something. So... Even though this changed in the later years of the Ascension house that I ran. Around the time that Da Pah Kwan Yin San arrived, things had already shifted; society was already beginning to become more locked down and more moldable let's say from the matrix point of view. So, in her case, it was literally a departure that was not so celebrated let's say. It is about that time that things started changing. It was also about that time that I chose to no longer take in modern-day humans into the house that I am running because at that point to me it simply became pointless to work with mind and try to turn it around, if the student hadn't already done so or wasn't prepared to do so at the very least.

So, unconscious aspects versus conscious aspects... But it always comes back to the same question: Are you willing to do it or are you not? There is no disgrace in either way; it is just a very personal and intimate choice that one makes for oneself.

Top Life

Another thing I will tell you: I also believe – and this is what has been called the 'top life' in these teachings – that no matter how many cycles and lifetimes a being is on the planet, eventually, the soul is going to choose for it. It doesn't mean – let's say that, in this case, you don't go for this; that in this lifetime, it doesn't happen for you; that you don't want this – that another part of you, living 500 years earlier, is not going say 'yes' at that point. That can easily happen. The very fact that you sit here and that everyone is sitting here pondering this, is that each of your souls, throughout its incarnations in time and space, is now pondering this.

Where is the top life going to end? Nobody knows, but that it is going to happen for you and for everyone else at some point in time, that we do know. We wish that everyone would just get on with it and would simply say, "Oh well, I cannot deny the fact that I have been preparing for this all of my life or at least many years of it and if I do deny it, then I may as well burn all of my books and delete all of my bookmarks and websites and everything that I have connected to and done, and everything that I have ever said I should take back and should write formal letters of apology to all of my conditional relationship – family, friends, and everything – that I was indeed mad." But if you are not willing to do that, then I would choose for Ascension because it is going to happen anyway.

Akeyasan 1: Thank you.

Da Pah Lao Tze San: Do you think you are done?

Akeyasan 1: No, I don't think I am done. I still have so much work to do.

Da Pah Lao Tze San: No, you don't. You just have one choice to make.

Akeyasan 1: That is?

Da Pah Lao Tze San: Ascension!

Akeyasan 1: Oh yes, okay.

Da Pah Lao Tze San: Oh yes, we all know that. We all know that that is the choice and we know how to make it, but are we willing to?

Akeyasan 1: Yes.

Da Pah Lao Tze San: Look, you are already trying to run away. You are that willing! No, I see the burning inside of you. I also see the mental anguish on top of you and I see that that results in a dead belly. It doesn't go anywhere.

Akeyasan 1: That is my problem.

Da Pah Lao Tze San: Yes, so choose for the anguish or choose for the burning, and then the belly will activate in either way.

Akeyasan 1: It has been blocked for years.

Da Pah Lao Tze San: That always happens when you have a duality going on.

Akeyasan 1: Is that the reason?

Da Pah Lao Tze San: Yes, of course. Because... Listen, if these are your three kakras... I know that, these days, you all speak about chakras, but that is just marketing, you know. Back in the good old days, kakras (ka – life force), three of them (head, heart, belly) – simple, isn't it? What are you going to do with something floating up here? It is like a chakra pet – but really, these three simple systems are what creates your reality around you and it is how your energy is distributed. And you know, from the recent work, what the heart does. You know the heart has this beautiful vision and all this energy, and the passion and everything then coming out of that; and then the head has the ability to make that all real and to bring it all into potential and possibility. And at that point, they work together. At that point, it all goes down.

And next to the fact that you have a kundalini awakening and probably the best sexual activity in your lifetime, you will also see that everything that you have felt here and seen here will manifest right here, from the belly. It is that simple and that is what you are here to discover on this planet – not to breed and to build houses and to have mortgages and then to die and then to charge your kids with your life that they now have to go through and do it all over again. That is not the point. It has never been the point. That is the point of the matrix, but it is not the point of life.

Akeyasan 1: So, to let go, first the head and the Akene, down. Is there a kind of breathing exercise?

Aligning the Head with the Heart

Da Pah Lao Tze San: No, no breathing exercises. This one is more clear-cut. All you have to do is to align the heart and the head. It means what you dream here, your passion, everything I can see right there, and that is not happening here because that all goes up here and with you it blocks right now because it says, “Yeah, but what and yeah, but this and yeah, but that.” So, how can that go into the belly?

Akeyasan 1: Yes, I recognize that.

Da Pah Lao Tze San: So, you either change your head or you change your passion. You say, “I give up on this and I choose something that actually... If I decide to stick with this mind of mine, if I decide to stick with these attributes and all of that, this personality, then what I am feeling here in my heart is never going to happen, is it?” So, instead of extending the anguish to forever, choose one of them; choose if you are going to follow what the head says or what the heart tells you. If the heart tells you one thing, then all you have to do is to allow the head to see that as a possibility rather than a fear. And then it will start going into the belly.

You see, it is not so that first you have to make all of these choices and that you have to walk away and all of that stuff and that then the belly activates. No, no, no! It is you that starts to make it real and then it doesn't become a walking away. Then it doesn't become any of these things. Then the conscious aspects will simply come into place more and more, the heart will open up more and more, the head will align more and more, and simply, what will be created from the belly, will be a natural situation, like, for instance, you are here, and a meteor falls on your head! Kidding.

I haven't spoken in this reality of yours, in this era forever, so I have tried to school myself up on a bit of your humor. I hear that it works for Da Ejakasan'da Kuthumi San, so I thought I try it myself. Does it work? No.

But anyway, to take it all back to simplicity: that is what is going on with you right now. I can see it in your eyes. I really can. I can see the block is here. It can't go down; it can't go into the belly. It is because you just don't choose. So, choose what you want, but don't tiptoe around it. Especially in this day and age I would say, with top lives so close to potentially coming to fruition, it is a bad idea.

For those of you here who do not understand the concept of a top life: a top life is the culmination, the coming together of all of the other lifetimes that your soul experiences here on Earth, all pumped into the one that gets selected as the furthest, the next step of the soul, which is Ascension.

So, all of these other lifetimes, interestingly enough, become aspects. And these aspects internalize in the top life, and either reality is created or it isn't, depending on the choice. If the soul then still has time in the same cycle, it can shift top lives if it must, but I believe that where you are physically and temporally sitting right now that there is no soul on the planet right now that still has time to change a top life. So, if it is burning within you, then I don't think it is going to change that way. I think it is eventually going to change that way, the way of Ascension.

The Choice for Ascension

A lot of people in the past, who have been thinking about and pondering about Ascension, who have believed that when this Ascension of All Matter happens, when this 28th October and everything after that will integrate, that it will become easier. But that is also not true because if you think about the concept of creator, the creator of reality let's say, the creator of dimension, which in the end is you – or should become you anyway – if you think about this being and if you think about the questions that were once pondered (who am I, where am I, what am I, why am I?), the questions that drive the human species still to this day, if these are not disconnected from a separate creator and taken on board, then when the being that one calls 'creator' answers these questions, all of this expanding reality will collapse back in to form the answer, and everything at that point that has not ascended, which means has not become sovereign, has not become its own creator, is not on its own path, will collapse back into the whole.

The pathway of that is simply how it has always been and it is not something that can really be understood from a practical, third dimensional perspective. What can be understood from this perspective is the choice for Ascension.

So, why do you want this?

Akeyasan 1: That is a difficult question.

Da Pah Lao Tze San: How have you come towards this?

Akeyasan 1: It is something that comes from inside. It just feels like that. I just want to be aware and to have a higher status.

Da Pah Lao Tze San: It is not a higher status.

Akeyasan 1: It is not the right word. To have a more connection with source.

Da Pah Lao Tze San: Fulfill your potential. You are the source. Everyone knows now, it is her! You have got a higher status now. Worship her! – No really, you are all of these things, sweetheart.

Akeyasan 1: In a way, I know that I come from there like everyone. I just want to get rid of this human state of mind.

Da Pah Lao Tze San: So, why do you keep persisting in it by not making the choices that you know, feel, not just because someone tells you, but you feel that these things will have an effect? Why not? What are you waiting for?

Akeyasan 1: I guess it is because of my surroundings still.

Da Pah Lao Tze San: Then why don't you change your surroundings?

Akeyasan 1: Yes, I guess I will have to do it. I started to make a change some years ago, but it is not enough. I still have to continue.

Da Pah Lao Tze San: You will realize that this process never ends. You always continue forward.

I will tell you one thing – and this is not a good thing or a bad thing – but not everyone, for instance, who sits here right now, has exactly that reason that you have for being here today. There are some. Then there are others that come for different reasons, that come to seek different things – maybe because they are curious, maybe because they want

information, maybe because they want to learn something or maybe because they want to disprove our very existence. But not everyone sits here with that intent, and if that intent is so strong within you, then I would seriously take some time for myself to really figure out what I want.

Becoming Sovereign

I would also realize for myself that if I am ever going to figure it out, this is probably the best time to do it, reason being the entire universe around you is going through Ascension of All Matter, yes? And for those that are in this room, that are already going through the initiation process – very early stages, but they are going through it – they will tell you, in private conversations if you will, that it makes a difference, the fact that the universe is also going through its own Ascension process of All Matter right now. So, everything becomes easier.

I know that this is affecting you. It would affect me as well if I were sitting where you are sitting right now, but what takes the tears away, is the realization that what you think right now is necessary, isn't true. Moving on and becoming sovereign is not the same as hurting others or disconnecting from others. I will tell you that if you believe that you are disconnecting from others, then this is simply mental thoughts speaking to you, misinforming you about the Ascension process.

Akeyasan 1: Yes, but if someone in your surroundings is not willing to follow, it is difficult.

Da Pah Lao Tze San: To follow what?

Akeyasan 1: To follow my way of evolving, the same...

Da Pah Lao Tze San: Then why do you stay connected?

Akeyasan 1: That is the difficulty. Yes, that is the choice to make.

Da Pah Lao Tze San: How many are there here in this room that have already made this cut and that are already in a direct Ascension initiation process? – They are still alive! Well, barely, look at them! But they are alive.

You know what, Da Christine San? There is something to be said about the fact what happens to you when you start making it real, you know. To make it real, everything that you have been preparing for, everything that takes your passion, to make that real, changes everything about you, and you begin a journey that, at first, teaches you that

everything you thought you were is not what you are. All of these personality aspects that make up you — you know: I like this, I dislike that, I am into this, but I am not into that, all of that stuff — all of that, with the guidance of yourself and the guidance of teachers, starts to turn around, and there comes this moment when you realize aspects are working and you feel it physically and you feel it emotionally and you know exactly what is happening and you can turn it around like that.

There also are moments that you are going to laugh at yourself extremely loud because you are going to realize that all that importance that you placed on your personality and your identity means nothing and that several times, several months, several years (whatever) from now or several days from now, you could present to the world the complete opposite of who you are today and you would feel it, too, as that, which you are in that moment and then you could turn around — you could be somewhere else — and you could do it again. You begin to learn that none of these things you have locked yourself into, like the things that are tormenting you right now, are real. At that point, things properly start moving.

Akeyasan 1: Thank you.

Da Pah Lao Tze San: You are very welcome, and I have no problem sitting here with you for the rest of the afternoon, but I really tell you, when you feel it in here, I don't think I have ever seen a soul that eventually didn't go for it, and there are not many people that really feel it in there. There are going to be more and more because we are arriving at a beautiful point in reality where, of course, with the Ascension of All Matter, it will become much easier to teach other people, but that doesn't mean that the Ascension spectrum, the steps that you go through, change. It will become easier. It is also the reason why you exist here now, why you exist at this point in time on Earth, to feel that, to feel what that means and to be a beacon, to help.

Akeyasan 1: Thank you.

Da Pah Lao Tze San: You are welcome.

Connecting Groups

Akeyasan 2: I have left a lot of things in my life. I am changing very quickly and I feel as if I am from several parts, like I connect to different groups and in each group, I have a different me inside of me. And somehow, I feel the next step is to integrate these parts of me, which some of them I am not yet aware of. It doesn't happen as quickly as I feel.

Da Pah Lao Tze San: What do you feel is stopping you?

Akeyasan 2: Some unconscious parts that I am not aware of. I try to continuously look in every moment to what is blocking me and what needs to be thrown into the garbage. Some things I am not aware of.

Da Pah Lao Tze San: When do these unconscious aspects come out? When do they show up?

Akeyasan 2: They show up when I am ... I have a feeling that I have to bring the groups together and when I try to communicate about the group towards another group, I feel a blockage. I feel that I cannot express myself in the right way. That means that there are some emotions are not yet [lined up].

Da Pah Lao Tze San: But is the blockage coming from you or is the blockage coming from all of these separated groups? I can tell you, having the body memory of the last four years of the journey of this body, when Da Jeshua San was in this body for two years as a walk-in, one of the reasons why he was always traveling, why he was always connecting was – like you say – to unify these groups. We know we are talking about Light Workers, Shaumbra, Imzaia, all of these different groups and the lesser known ones, the ones that are actually doing a lot of work. And every time, he hit the same wall. Reason being again lack of true sovereignty, therefore... Not you, I was talking about this whole spiritual mess we have here – not mass; mess... Reason being, lack of sovereignty, therefore, over-protectiveness, too much of a need, again, to have an identity as an organization, as a group. Just like a human can have an identity and a personality and a mind and all of that stuff, an organization can have it as well. You see it in religion, obviously, but you also see it play out in the spiritual arena. The reason why it happens here is because everyone that is ruling these things, is still mostly in mind and, therefore, would like to see their creation, their thing, rule the roost. That is the problem. In other words: erase the names, erase the websites, erase the leaders – there are organizations that are not working that way, obviously, but people who really believe themselves to be... – and you will see the merging of all of this.

But then, if you think about it, what is happening now, what has been discussed today by Da Pah Ekara San, is going to make this a natural process on that level. So, maybe, maybe your task, if you will, that you have given yourself is not to see this play out, this merging of all of this, to an end result, but to see yourself as the needle and the thread that has been moving through all of these groups for all of this time, and there is a link, even though it is not surfacing. But from that surface that has been created by you and many others, eventually this whole thing as one Merkavah will rise.

Moving Forward to Be of Service

So, maybe it is time to step out of that task for yourself. Know that you have done as much as you could and start focusing on you, start focusing on what you can do, on what you can become because, as we said earlier, everyone is direly needed. It is not a game that is happening. It is not just an afternoon here to have some fun, obviously, as you know. This is a lot of energy it takes only for me to be here right now. The biggest energy waste is in the fact that this day comes to an end and not everyone walks away transformed, now locked onto their Ascension path. Then comes the next cycle and it turns dark and then it turns light again, the next cycle, every time this happens, opportunities that were there are wasted, recycled and reborn. From the human mind, I can see that that is not hell because they don't see what is happening, but from our perspective, it is because we do see what is happening.

So, if you were to choose, to focus on yourself and to let the world be the world, then you can be the world; and when you are, you can help quite a lot, you see? For instance, you talk about unifying these groups. Imagine now the ascended you, broken through form, broken through time, broken through space – only those three. Let's say you are halfway through your process, not even fully... Well, death could be a good one, too. Four. Two thirds of the way through... Let's say that you can now travel at will and implement yourself in several realities, several moments of time and space at the same time, and can use your beingness to communicate with a lot of religions, for instance, a lot of spiritual religions as well, and bring them together, you see? Then, you would be more effective.

One thing that we often say, is that humans sit in front of us with all of these dreams, and they are so beautiful; and they are so big, and they are so thoughtful, and passionate, and beautiful in general, let's say. And yet, the body they sit in can't manifest it, not all of them anyway. So, why not get yourself spiced up? Why not get yourself to the point, where you know you can be because if you believe that I and others are even here, then you must believe that you know you can ascend. Otherwise, it is all bullshit, isn't it?

So, focus on that first, and then before you will become present a timeless landscape that you can easily navigate with a mind that has more of an ability to oversee things and that can be much more effective, is what I would say.

You think you are in 2011. You think there is little time left. I say, begin the Ascension process. Move into timelessness. First, master the matrix and move into timelessness and then you will see that it doesn't matter whether an Ascension process takes four years or eight years or eighty years or eight thousand years because time becomes meaningless. So, that is how I see you and that is what I think you can do. And you are indeed one of these people that sit here with that energy within their hearts as well.

Think before you act on what level you will execute something. Some levels are redundant, endless, and on other levels everything goes very fast. If you are talking about too much time spent, then I would say that maybe you are focusing on the wrong project for yourself right now. Maybe the project you should be focusing on right now is your Ascension and then focus on the larger whole. You will see anyway that about 50 to sometimes 90 % of the actual Ascension Spectrum (you know what steps someone has to go through, to go through the Ascension process) are filled in by what we label service to others, which is obviously the opposite of service to self, which also is part of the Ascension spectrum because it can't be denied. It becomes service to all. That is Ascension in another way described.

So, choose your project wisely. You are a very good executor of projects and someone that does get a job done – in the past you have proven this many times – so, why would this project be any different?

Synchronicities

Akeyasan 3: I was wondering, in my life, I had many moments of experience of synchronicity and they always make me so happy. I was wondering is this what has been called a conscious aspect?

Da Pah Lao Tze San: Synchronicities are definitely not unconscious aspects. Synchronicities are indications basically that your inner and your outer universe are aligning, and the conscious aspects are the ones that would do that. They are the ones that master the outer universe. The unconscious ones are the ones that get attacked by the universe or that attack.

Akeyasan 3: So, I was always thinking I had a very good feeling about that, to be at the right time, at the right place, in the right moment. So, I am sitting here. Why?

Da Pah Lao Tze San: I don't know. Maybe because your friend is sitting there somewhere?

Akeyasan 3: I also feel very fulfilled. So, it is a very good place for me right now here.

Da Pah Lao Tze San: Why do you think you are here?

Akeyasan 3: I don't know. Because I have to be here now? I will know it.

Da Pah Lao Tze San: Well yes, it is how things should work when you are within the conscious aspects of yourself. And when these things are beginning to play out inside of you, then the guidance will increase. Nobody is ever saying that Ascension is only a process of outer guidance. It is also a process of inner guidance. It is again the meeting of the worlds.

Akeyasan 3: Another thing that was happening when I was asked by Da Gaia San to put my light body in my right hand. I felt a lot of things, but also two fingers were very painful. This has never happened before. So, I was wondering, if you go out of the mind, how is the body doing that? There needs to be a balance between mind and body.

Da Pah Lao Tze San: Balance is there to be broken soon between the mind and the body.

Akeyasan 3: How will our body do that?

Da Pah Lao Tze San: Your body will mostly connect to spirit next to the mind. Right now, it is connected to mind as well and to spirit and to Ish, but when the mind connection goes away, the body will simply stay directly connected to that, which you call spirit.

Now, the pain in your hand feels to me incidental. I think it was an incident that happened, disconnected from actually putting the energy of your own spirit in the hand. If it wasn't disconnected, then all it could have been, would have been an occupation of mind to stop the process from happening. In your case, I believe, it is disconnected. It is just a moment of time.

Compassion

Akeyasan 4: I have a question about compassion because what we are all doing with this Ascension can't be an ego thing because then it is not compassion, but it is glory for yourself and it doesn't work.

Da Pah Lao Tze San: Yes, self-glory.

Akeyasan 4: As you are in the process of endless compassion and being there for other people, mostly you forget yourself.

Da Pah Lao Tze San: That could happen.

Akeyasan 4: That happened to me. So, now everything contracts because I stopped working last year. I am 76 now. And I am in the process of what I always taught other

people, now teaching to myself. And that is very difficult because the interaction with other people is easy, is feeling what they are feeling. And so, it is easy to have a solution for them. But where is the solution for yourself?

Da Pah Lao Tze San: Where is it?

Akeyasan 4: I had suddenly a fear of death I never had before. It suddenly came up because I was always very busy with other people and I thought: Is that a distraction of myself or is it what I needed to do with other people to come to myself, to work on myself now?

Da Pah Lao Tze San: Your question would be?

Akeyasan 4: How do I overcome the fear of physical death?

Da Pah Lao Tze San: First of all, death is an illusion.

Akeyasan 4: Yes, I know, but that is theory and practice.

Da Pah Lao Tze San: That means that you do not have to choose for it. So, instead of choosing for death – otherwise you would not fear it – you can choose for other things. You have mentioned things. You talked about Ascension; you talked about compassion; you said helping other people. I believe that there is a great chance in your case that the idea that helping other people was forgetting yourself was a mental entry, was mind interfering with what you were doing. As that came in, and you dropped that a bit more and you are now faced with the contrast, you are tumbling down a spiral of mental thought that is now bringing you to the fear of death. If that continues, of course, things will start to manifest about that. However, I don't think that you are heading in this direction. First of all, because you are busy with the question already and you are aware that you are afraid, which makes things different, very much so.

My best advice to you would be to continue what you were doing before, rather than to go on with the change that you have been making lately because that change is what has caused – in my opinion – all of these things to come in and all of these things to happen, you see?

So, why did you make the change?

Akeyasan 4: In my life, I wanted to travel still and I always wanted to roam about, to travel without a goal. I never had the opportunity because I was always working; I was always bound to time. I wanted to go beyond time. I had a husband who was very psychic, and

what you said about things you can see for Ascension, I saw with him. So, I know that it exists, but I always have that feeling of being insufficient for myself.

Da Pah Lao Tze San: Insufficient?

Akeyasan 4: Yes, that I am not good enough for that.

Da Pah Lao Tze San: Oh, no, listen, I completely hear you and I hear about your goals changing. I hear about the move from what you have done in your life, to travel and all of that. But I don't see that everything you are saying is in opposition to each other. I see that it can all be connected, all be combined, without a goal still.

Akeyasan 4: That is what I am looking for; the connection between all those things... But the loneliness comes in then.

Da Pah Lao Tze San: Yes, and the loneliness, again, having to do with the idea of separation. If I hear you speak, I would definitely start thinking about not just about how to connect these things – because that is an easy thing: wanting to travel, wanting to help, not feeling lonely; it all kind of fits together, but what is the bigger aspect? What is the bigger goal behind all of that? And now, everybody is going to think I am going to say, “Ascension,” but it means something different for everyone else. So, what is the bigger goal for you behind all of that and the fear of death included in that?

Freedom from Problems

Akeyasan 4: Being part of the cosmos and a useful part.

Da Pah Lao Tze San: And who says that you are not?

Akeyasan 4: I would say, my ego.

Da Pah Lao Tze San: Why would you identify with a part of your personality that says that to you?

Akeyasan 4: I don't know. Because of the past maybe?

Da Pah Lao Tze San: Then why do you identify with the past? What past?

Akeyasan 4: Because in a cell form, it is still present. I fear all kinds of bad things, awkward things.

Da Pah Lao Tze San: Why would you identify with it? Why? Do you think it is interesting?

Akeyasan 4: No.

Da Pah Lao Tze San: So, why would you?

Akeyasan 4: I learned a lot of things. Taking that to the next level and the compassion, that is something I don't know how to do it. I know that every aspect is present to do it and I don't know how to do it.

Da Pah Lao Tze San: I do not believe that you do not know how to do it. I believe that your mind does not know how to do it.

Akeyasan 4: Yes, that is true.

Da Pah Lao Tze San: I believe that everything you are feeling or allowing yourself to be felt is part of that, is coming from that mental place. And I believe that if you just pull that away from everything, then everything you have just talked about (compassion, the fear of death, wanting to help, wanting to travel) all fits into one simple category called Life. Life. Fear of death is also part of the category of life if you are in a mental state.

Akeyasan 4: Yes, where there is fear, there is no love.

Da Pah Lao Tze San: So, actually, I believe – even though you will say differently – that you are truly sitting here without a problem in this moment.

Akeyasan 4: That is the best I heard my whole life!

Da Pah Lao Tze San: There you go. I believe that you sit here without a problem because everything you talk about is not happening now. It is all part of the past or some supposed future – you know, the death thing. Everything else is part of the past. The travel thing you are talking about is happening right now. You just keep that going. And the compassionate part, I don't think you have any problem with because that is already there.

So, maybe you have come to a point where, right now, you say that you want to do things without a goal, but I think you need to give yourself a goal. I don't think your goal needs to be 3D. I don't think that your goal needs to come from Earth. I think your goal needs to be directly from that deeper place of you. I believe that the worst thing that you (but then, at the same time, everyone else who sits here) can do, is to separate themselves right now and to not be connected.

So, sweetheart, you hold all the answers in your own hands. You just have to work with it. The only reason why you are sitting here with me is because you want confirmation. You want to hear me say the things that you already know yourself and you already know what to do. Now, go and do them.

Akeyasan 4: Okay.

Da Pah Lao Tze San: No, really. You have six days!

Akeyasan 4: Until the 28th!

Da Pah Lao Tze San: Well, at that point, you should really start going for it. I don't say that anything would stop, but at that point... Let's just say that the specific thing about the 28th and the days leading up to it, is that you literally have a chance to whatever you hold in your head, whatever you hold in your heart, whatever you hold in your belly in that period of time, in those few cycles, will really give you a kick on how to move forward. That is one of the unique times of this universe. So, just go and do it.

Thank you. Namaste.

Masculine versus Feminine

You must be as shocked to meet me as much as I am to meet you.

Akeyasan 5: Yes, that is true.

Da Pah Lao Tze San: Tell me, what can I do for you?

Akeyasan 5: I had a question. When Da Pah Ekara San told [us] about the birth moment, there is a separation of the male and female. The experience of my life is now 53...

Da Pah Lao Tze San: Sorry, masculine and feminine, not male and female.

Akeyasan 5: Yes, masculine and feminine. My mind has been searching all my life for the part that has been lost.

Da Pah Lao Tze San: Probably. Like everyone else is, yes.

Akeyasan 5: Is there some hope that I will find it or that I will find some wholeness?

Da Pah Lao Tze San: No.

Akeyasan 5: Okay, good-bye!

Da Pah Lao Tze San: Kidding! Yes, of course. First of all, let me tell you this: when Da Pah Ekara San was speaking about the masculine and the feminine, you must know that what you call male and female are both playing out in the masculine. So, when we are talking about masculine and feminine, we are talking about the way mind works. So, when mind is in the masculine state, it creates the matrix. When mind is in the feminine state, it creates expansion, openness, the circle.

When you are in the matrix as a masculine entity, you are either going to become a male or a female, but both minds are locked into survival, so both are, therefore, masculine.

Is there any hope for you? I feel that you sit here quite integrated with these things. I feel that you sit here ready for the shift that inevitably is going to happen from the masculine to the feminine; therefore, beyond male or female and all of that integration. When that happens, the integration within the feminine automatically becomes complete. The feminine does not feel the separation. You could only say that by cutting the feminine in half, the masculine is created. Therefore, it must cut itself in half into male and female, and then males cut themselves in half into straight and gay, and the females do the same thing, and they get fetishes and then you get television. That is how the internet makes its money.

But I tell you, when you override that initial separation, then what you feel, is the total wholeness. At this point, I could not tell you whether you are operating with a male mind or with a female mind. I can see that that is kind of in balance right now, and that is as much as you have been able to do with that. The answer is not by simply continuing to explore that, but now take that again to a larger level.

Fed Up with Mind

Akeyasan 5: When you said, who made the choice for initiation, my finger started to go up, but my mind took it down again because maybe, it is not true. This doubt is always present. I am fed up with the mind.

Da Pah Lao Tze San: It is a good time to be fed up with it this day and age. Imagine if it was the 1700s and I had to say, “Well, in 2011, mate!”

Akeyasan 5: You have to wait.

Da Pah Lao Tze San: Of course, you could have overridden it even back then, but now it is a natural event that is taking place. But I hear you when you say that you felt the finger go up, but the mind made the finger go down. It is the same thing that Da Christine San was talking about earlier. It is what burns here [Akene] and then what stops you here [mind].

I can't tell you much more about that, except: you know what to do if you are serious and you know that it no longer is a sort of abstract in your life. There are physical potentials of actually doing this. There are... You are here right now. There are other places... I am not talking about this place; I am talking about this experience. You are here right now and, obviously, these seminars that these people do and I am thrown into are made, created, to inform you about what is possible, but you will always have to remember that these things can take you as far as they can take you. Information can take you as far as it can take you. Eventually, there is going to have to be the step that goes as follows: I say goodbye and I say hello (could be a song). Once that happens and once you have said hello and once that path is starting, then there comes the point that you end up with direct tuition, like some of these people here have, direct tuition. And at that point, the most private, intense time of your life kicks into gear – well, not so private perhaps, but intense – where you really cut away, every day, more and more of yourself, until all that is left is the real you, not Da Frank San, not the age, not the experience, not the past, just you, you see?

Again, as I already said at the beginning of my time here, that is a very private choice, a very personal choice that nobody can make, except for yourself.

Now, you mustn't think that every question throughout history is going to be answered like this. This is a place where we are supposed to be focusing today on Ascension, so that is why you came together. Whoever has raised their finger or not, everyone who is here today – and I will say, everyone who connects to these words today and everyone who has ever connected to the work of Ascended Beings, have the potential and the ability to ascend.

It is easier than you think, I mean easier in the sense that you just have to say 'yes' to it and then you have to take the steps for it. Then things go all over the place. Things happen that you never expected would happen and things don't happen that you expected would happen. Then all of that turns around again and again and again and again, until you are completely mad.

Akeyasan 5: That is nice!

Da Pah Lao Tze San: All I can tell you is: look within. Look within yourself; take the time in the coming days, hours, whatever, to really decide what you want because we are not getting younger!

Are there other topics you want to talk about?

Tonality

Akeyasan 5: There is one word going through my mind and that is tonality. It will end up or grow toward tonality, everything...

Da Pah Lao Tze San: The universe. Yes, with everything that is happening.

Akeyasan 5: That means that we will interact in a totally different manner. Would we notice?

Da Pah Lao Tze San: I believe that there are those that will notice and there are those that won't notice, at first anyway. And then there are those that will pretend that they won't notice. Yes, it will be a completely different universe because, as Da Pah Ekara San was explaining here earlier today, no longer will you be tied into the actual matrix processor that does it all for you – an artificial intelligence if you will. I believe you, Pahdasan'ka, know a lot about that artificial intelligence.

Da Pahdasan'ka Barak Solarys San: Yes, it is a fascinating subject.

Da Pah Lao Tze San: So, when that falls away, the first thing this creator now will do, is to recreate what was already there. That is what was explained with the square inside of the circle. At that point, however, it becomes possible to erase the mind, and that is about the time ahead. That is when tonality will start to unfold, and then you will begin to see the differences. But with mind in place, a full tonal field cannot be experienced. Many people believe that, but it is not true. With partial mind in place, a partial tonal field will be experienced.

It is simple, isn't it? It is interesting because here you all sit and you either do it or you don't. It is the simplest teaching ever given today; the simplest workshop ever given today. It is also the workshop that ties in the most with the past and the least with the future because I sit here now, talking to you in very similar ways than you probably would have seen before in the past. However, the idea is, after this 28th thing, to drastically change that and to open up into the direct experience of that, which you call Ascension. But that has to be a big 'yes' that is accompanied with that in order to make that happen.

How do you feel about all of this, friend?

Akeyasan 5: I get scared.

Da Pah Lao Tze San: Scared?

Akeyasan 5: My mind is probably getting scared.

Da Pah Lao Tze San: Have you ever been outside of the mind in another place that doesn't get scared? Do you know how to get there?

Akeyasan 5: Sometimes, but not always.

Da Pah Lao Tze San: Next time you do, take notes and then go there often because – again – in this period of time, the mind is completely going berserk, completely and utterly mad. Really, the opposition has never been greater of two feelings that you can feel at the same time. I am pretty sure, talking to you earlier, that this is where this fear of death comes from all of a sudden. You know, the oppositions are getting so vast.

Akeyasan 5: It is like the paradoxes are going here and there – infinity.

Da Pah Lao Tze San: You can survive that by knowing that all of these fears and all of these things are simply not yours – and you know these things already, but I am sitting here, Da Pah Lao Tze San, telling you to practice them, to put them in practice, not just in practice of 'today I am not going to be in fear', but practice them, put them in practice, make them real permanently, is what you need. If you can't do it on your own or if you think that you can't do it on your own, then there are many people around that want to help.

And I believe that – looking at beyond what you just said now, beyond your question – things are going to move faster than you think they are in your case. And I think that, in all likelihood, before this 28th date, you are going to be reaching out to people that are here in this all right now. You are going to find yourself taking some large steps. I would not say that – and I am not saying that to sound mysterious – if I did not feel it true in this very moment. This is also why your body, your spirit was ready to say 'Ish', but not your mind yet. I believe that you are breaking that very quickly from now. I mean, the process is underway. That is all I can say, and then we will have to see whether you make that happen or not. If you don't, I will sue you! I can't be telling a lie in front of the camera! You made my truth untrue.

So, I hope that helped and that we can see what the future brings for you, friend.

Namaste.